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5. The optical disk according to claim 1, wherein

the polymer matrix comprises at least one polymer selected from the group consisting of polymethyl methacrylate, polystyrene, polycarbonate, polyvinyl alcohol, polyacetal, polyacrylate and a dendrimer.

5           6. The optical disk according to claim 1, wherein a ratio of polymer that is covalently bonded to the semiconductor particles is 1 mol% or less of the polymer matrix.

10           7. The optical disk according to claim 1, wherein the semiconductor particles provide particle size distribution that a full width at half maximum is not larger than a modal diameter.

15           8. The optical disk according to claim 7, wherein the modal diameter in the particle size distribution of the semiconductor particles is not smaller than 1/4 and not larger than one times as large as a Bohr radius of an exciton of the semiconductor.

20           9. The optical disk according to claim 1, wherein the semiconductor particles show exciton emission, and an energy relaxation time of the exciton is not less than 50 psec.

25           10. An optical disk to which data are recorded by means of light irradiation, comprising:  
a substrate; and  
stacked films formed on the substrate, the films comprising a super-resolution film containing a polymer matrix and semiconductor particles including an organic

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group covalently bonded thereto, an optical recording layer to which data are recorded, and a reflective film reflecting light, the super-resolution film, the optical recording layer and the reflective film being provided in this order from a light incident side.

11. The optical disk according to claim 10, wherein the semiconductor particle comprises at least one semiconductor material selected from the group consisting of CdS, CdSe,  $\text{CdS}_x\text{Se}_{1-x}$ , ZnSe, ZnS,  $\text{ZnS}_x\text{Se}_{1-x}$ ,  $\text{Cd}_x\text{Zn}_{1-x}\text{S}$ ,  $\text{Cd}_x\text{Zn}_{1-x}\text{Se}$ , GaN,  $\text{Ga}_x\text{In}_{1-x}\text{N}$ , ZnO, CuCl,  $\text{HgI}_2$  and  $\text{PbI}_2$ , where  $0 < x < 1$ .

12. The optical disk according to claim 10, wherein a halogen content of the organic group is 1 mol% or less.

13. The optical disk according to claim 10, wherein the organic group is selected from the group consisting of an alkyl group, a residual moiety of a silane compound, a residual moiety of a thiol compound and a residual moiety of a dendrimer.

14. The optical disk according to claim 10, wherein the polymer matrix comprises at least one polymer selected from the group consisting of polymethyl methacrylate, polystyrene, polycarbonate, polyvinyl alcohol, polyacetal, polyacrylate and a dendrimer.

15. The optical disk according to claim 10, wherein a ratio of polymer that is covalently bonded to

the semiconductor particles is 1 mol% or less of the polymer matrix.

16. The optical disk according to claim 10,  
wherein the semiconductor particles provide particle  
size distribution that a full width at half maximum is  
not larger than a modal diameter.

17. The optical disk according to claim 16,  
wherein the modal diameter in the particle size  
distribution of the semiconductor particles is not  
smaller than  $1/4$  and not larger than one times as large  
as a Bohr radius of an exciton of the semiconductor.

18. The optical disk according to claim 10,  
wherein the semiconductor particles show exciton  
emission, and an energy relaxation time of the exciton  
is not less than 50 psec.

19. An optical disk from which recorded data are  
read out by means of light irradiation, comprising:

a substrate comprising recording pits as data on  
a surface thereof; and

stacked films formed on the substrate, the films  
comprising a super-resolution film containing a polymer  
matrix and semiconductor particles including an organic  
group covalently bonded thereto, and a reflective film  
reflecting light, the super-resolution film and the  
reflective film are provided in this order from a light  
incident side, and a modal diameter in particle size  
distribution of the semiconductor particles being not

smaller than  $1/4$  and not larger than one times as large as a Bohr radius of an exciton of the semiconductor.

20. The optical disk according to claim 19,  
wherein a ratio of polymer that is covalently bonded to  
5 the semiconductor particles is 1 mol% or less of the  
polymer matrix.

21. The optical disk according to claim 19,  
wherein the semiconductor particle comprises at least  
one semiconductor material selected from the group  
10 consisting of CdS, CdSe,  $CdS_xSe_{1-x}$ , ZnSe, ZnS,  
 $ZnS_xSe_{1-x}$ ,  $Cd_xZn_{1-x}S$ ,  $Cd_xZn_{1-x}Se$ , GaN,  $Ga_xIn_{1-x}N$ , ZnO,  
CuCl, HgI<sub>2</sub> and PbI<sub>2</sub>, where  $0 < x < 1$ .

22. The optical disk according to claim 19,  
wherein the polymer matrix comprises at least one  
15 polymer selected from the group consisting of  
polymethyl methacrylate, polystyrene, polycarbonate,  
polyvinyl alcohol, polyacetal, polyacrylate and  
a dendrimer.

23. The optical disk according to claim 19,  
20 wherein the semiconductor particles show exciton  
emission, and an energy relaxation time of the exciton  
is not less than 50 psec.

24. An optical disk to which data are recorded by  
means of light irradiation, comprising:  
25 a substrate; and  
stacked films formed on the substrate, the films  
comprising a super-resolution film containing a polymer

matrix and semiconductor particles including an organic group covalently bonded thereto, an optical recording layer to which data are recorded, and a reflective film reflecting light, the super-resolution film, the optical recording layer and the reflective film being provided in this order from a light incident side, and a modal diameter in particle size distribution of the semiconductor particles being not smaller than  $1/4$  and not larger than one times as large as a Bohr radius of an exciton of the semiconductor.

25. The optical disk according to claim 24, wherein a ratio of polymer that is covalently bonded to the semiconductor particles is 1 mol% or less of the polymer matrix.

26. The optical disk according to claim 24, wherein the semiconductor particle comprises at least one semiconductor material selected from the group consisting of CdS, CdSe,  $CdS_xSe_{1-x}$ , ZnSe, ZnS,  $ZnS_xSe_{1-x}$ ,  $Cd_xZn_{1-x}S$ ,  $Cd_xZn_{1-x}Se$ , GaN,  $Ga_xIn_{1-x}N$ , ZnO, CuCl, HgI<sub>2</sub> and PbI<sub>2</sub>, where  $0 < x < 1$ .

27. The optical disk according to claim 24, wherein the polymer matrix comprises at least one polymer selected from the group consisting of polymethyl methacrylate, polystyrene, polycarbonate, polyvinyl alcohol, polyacetal, polyacrylate and a dendrimer.

28. The optical disk according to claim 24,

wherein the semiconductor particles show exciton  
emission, and an energy relaxation time of the exciton  
is not less than 50 psec.

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